

Preface

Naked and Unashamed: Choosing God's Divine Design for Sex offers straight talk about a difficult topic. This study is for women of all ages and backgrounds. Many of us have husbands, children, other family members, friends, those we mentor, or who ourselves wrestle with the multifaceted issues of a sexually broken world. Many have experienced its impact on our lives, in our marriages, in our homes, on our college campuses, and in our workplaces.

Naked and Unashamed is an encouraging, edifying Bible study that focuses on what's right with God's design, why it works, and what happens when we operate both within it and outside of it. The goal of this study is to encourage women whose lives are challenged by sexual sin—others' or their own—to stand firm in Christ and to meet the challenge. It also equips mentors to come alongside those who are struggling. As with any struggle, God's heart is compassionate. True to His nature, however, His compassion lives hand in hand with His truth. This study puts forward God's truth as the route to the hope and healing that so many seek.

As you journey through this study, may God move in your heart. May He inform your beliefs about His plan for sex and sexuality. May He transform your relationships—first with Himself and then with others. And may you embrace what His divine rescue in a sexually broken world means for you so that He can work in you and through you to impact the lives of others.

A special thank you to the women who provided testimonies within this study—to their candidness as well as to the glory they give God for His faithfulness during their many and varied circumstances. Their full testimonies are located on Judy's website: www.eyministries.org.

With love and hope—always hope,

Judy Rossi and Sandy Troutman

Judy and Sandy's leader's guide is free and downloadable on Judy's website: www.eyministries.org